

AN ISLAND-LOVER'S GUIDE TO THE BEST SPOTS
FOR FAMILIES, FOODIES, ADVENTURERS & MORE

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SPECIAL ISSUE POWERED BY

Islands

TOP FAMILY-FRIENDLY

Clockwise from top left: Sea views play second fiddle to vervet monkeys at Reggae Beach Bar & Grill. Grilled chicken *pinchos* in Puerto Rico. I dip, you dip, we dip ... summer rolls at Jade Seashore. Chatting and chilling in Exuma, Bahamas.



Happy Meals

THESE FOUR KID-FRIENDLY GRUB HUBS COME WITH BUILT-IN ENTERTAINMENT.



HAVE KIDS, WILL TRAVEL

FIVE TRAVEL EXPERTS SHARE THEIR STRATEGIES FOR TOTING YOUR TOTS TO YOUR NEXT ADVENTURE.

BY DAVID LAHUTA

Think taking your family to the Caribbean is a lot of work? You're not wrong, but that doesn't mean you can't pull it off. With a little strategy and planning, jet-setting with the whole fam isn't only doable, you might just have fun.

1 "If you couldn't reserve a seat next to your kids when booking a flight, ask at the airport (or the day before) if adjacent seats have opened after elite fliers move up and seats become available." — George Hobica, founder of airfarewatchdog.com

2 "To eliminate airport hassles, sign up for Clear, a TSA-approved way to skip security lines at 13 airports, including Miami International and George Bush International, both Caribbean hubs." — Amy Norman, CEO of Little Passports

3 "Download some parent-friendly apps pronto. GateGuru shows amenities at over 100 airport terminals, and Pack & Go is an app with age-group-specific packing lists." — Sasha Emmons, editor-in-chief of *Today's Parent*

CLOCKWISE FROM TOP LEFT, COURTESY: REGGAE BEACH BAR & GRILL; ZACH STOVALL; DEAR AMELIE; MARIO NIXON PHOTOGRAPHY

ST. KITTS ▶ Vervet monkeys steal the show (and the odd hamburger bun) at **Reggae Beach Bar & Grill**, located on the island's southeast peninsula. When you've finished that last bite of banana-bread pudding, recruit the kids for a game of beach volleyball or rent snorkeling gear to explore the offshore reefs. reggaebeachbar.com

GRAND CAYMAN ▶ You'll love: The frozen-drink menu at **The Wreck Bar and Grill** on Rum Point. They'll love: The location. This end-of-the-road hot spot sits on the east tip of the North Sound. From table, beach or dock, your minis will be mesmerized by kitesurfers performing aerial acrobatics. rumpointclub.com

BAHAMAS ▶ There's no charge to feed the Southern stingrays off Stocking Island, a spit of land in the Bahamas near Exuma. They're there because a house specialty of **Chat 'N' Chill**, a beach bar and restaurant beloved by the sailboat set, is conch ceviche. Your kids get a lesson in making the lemony dish, then they feed the scraps to these gentle, winged scavengers. chatnchill.com

HONDURAS ▶ On Utila, sleepiest of the Honduran Bay islands, ask anyone: The walls of the Jade Seahorse resort, home of **B-Leaf Restaurant**, are as unusual as it gets. Little detectives explore its many intricate treasures, from marbles to tiny toys, stuck into the cement walls, bridges and patios around the tables. jadeseahorse.org — Brooke Morton

4 "Pack the kids' swimsuits in your carry-on. If you arrive at the hotel before check-in or if it's a while before the bellman brings your bags, your kids can jump right in the pool." — Wendy Perrin, TripAdvisor Travel Advocate

5 "It's easy to lose track of time by the water, so buy a suntan timer for your kids, like Sunfriend, a waterproof wristband that will alert you when it's time to reapply that SPF." — Jason Cochran, editor-in-chief of frommers.com

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